

Lumpkin County Senior Center Menu –September 2005

Lumpkin County Senior Center Menu –September 2005				
Monday, 08/29	Tuesday, 08/30	Wednesday, 08/31	Thursday, 09/01	Friday, 09/02
Beef Stroganoff Whole Kernel Corn Brussels Sprouts Pumpernickle Bread and Juice Peanut Butter Cookie	Fajita Chicken/Rice Fiesta Veggies Lettuce & Tom/Tortilla Shell Fresh Fruit Pudding/Diet Pudding	Creole Steak/Whip Potato Broccoli Wheat Bread Orange Juice Peaches	Pork Rib Patty/Bun Northern Beans Coleslaw Hot Applesauce Fig Bar Cookie	Honey Chicken/Mac&Chesse Spinach Tossed Salad/Cornbread Juice Watermelon
Monday, 09/05	Tuesday, 09/06	Wednesday, 09/07	Thursday, 09/08	Friday, 09/09
Closed for Labor Day	Grilled Pork/Mushrooms Lima Beans/Capri Veggies Wheat Bread Orange Cherry Gelatin/Gelatin	Sloppy Joe/Bun Corn Broccoli/Cauliflower Banana Sugar Cookie/Shortbread	Turkey/Gravy/Dressing Whipped Potato/Greens Multi Grain Bread Juice Ambrosia Salad/Frt Cocktail	Beef Italiano/Noodles Mixed Veggies/Salad Wheat Bread Juice Hot Rosey Applesauce
Monday, 09/12	Tuesday, 09/13	Wednesday, 09/14	Thursday, 09/15	Friday, 09/16
Grilled Beef Fingers/Gravy Ranch Potatoo/Veggies Wheat Bread Orange Apple Delight	Lemon Pepper Chicken/Rice Okra & Tom/Green Peas Multi Grain Bread Juice Pears	BBQ Beef/Bun Broccoli Coleslaw Juice Peach Cobbler/Peaches	Hawaiian Turkey Ham/Beans Cabbage/Carrots Multi Grain Bread Banana Graham Crackers	BBQ Chicken Patty/Cornbread Pasta Salad Corn/Turnip Greens Juice Fruit
Monday, 09/19	Tuesday, 09/20	Wednesday, 09/21	Thursday, 09/22	Friday, 09/23
Mushroom Chicken Kidney Beans California Veggies Bread and Juice Oatmeal Cookie/Cracker	Beef Spaghetti Casserole Green Beans Bread and Salad Hot Cinn Applesauce Raspberry Gel/Gelatin	Grilled Pork/Gravy Yams Spinach Bread and Juice Orange	Turkey Breast/Swiss Cheese Whipped Potatoes/Gravy Peas/Onions Bread and Lettuce & Tom Banana	Salisbury Beef/Gravy/Rice Cabbage/Carrots Multi Grain Bread Fruit Cake
Monday, 09/26	Tuesday, 09/27	Wednesday, 09/28	Thursday, 09/29	Friday, 09/30
Beef Steak/Gravy/Potatoes Broccoli/Califlower Multi Grain Bread Fruit Cherry Gelatin/Gelatin	Sausage/Onion/Pepper Pinto Beans/Turnip Greens Wheat Bread Juice Pineapple Tidbits	Turkey Tetrazzini Green Beans/Carrifruit Salad Wheat Roll Hot Applesauce Chocolate Chip Cookie/Cookie	Grilled Pork Patty/Gravy Lima Beans/Okra & Tomatoo Multi Grain Bread Cranberry Juice Fruit	Lemon Pepper Chicken/Rice Veggies/Salad Wheat Roll Fruit Oatmeal Cookie/Wafers